



Return to Work Authorization

Employee Information and Informed Consent for Disclosure of Health Care Information

**EMPLOYEE: MUST return completed form to
Human Resources PRIOR to returning to work.**



Employee Name: _____ ID#: _____

Division: Fire Operations Position: Firefighter Employee's Normal Work Schedule: 24 Hour Shift

To Be Completed By Employee's Supervisor/Manager
Check the types of work performed in the above position

Completed By : _____ ID#: _____

Signature: _____ Date: _____

- ☒ Walking over unstable surface and terrain
- ☒ Sitting
- ☒ Standing
- ☒ Bending
- ☒ Reaching
- ☒ Kneeling
- ☒ Crawling
- ☒ Hearing
- ☒ Seeing
- ☒ Talking
- ☒ Pushing / Pulling
- ☒ Turning neck and body
- ☒ Finger dexterity / Handling
- ☒ Lifting and carrying up to 70 pounds unassisted
- ☒ Dragging up to 160 pounds unassisted
- ☒ Handling and operating high pressure water hoses
- ☒ Climbing and standing on ladders
- ☒ Repetitive motion such as typing, data entry, vision to monitor
- ☒ Use of standard office equipment (compute, fax, copy machine)
- ☒ Exposure to extreme temperature and weather conditions
- ☒ Exposure to hazardous chemicals, toxic fumes
- ☒ Exposure to infectious disease, body fluids
- ☒ Driving light/heavy department vehicles
- ☒ Cognitive functions
- ☒ Analytical skills
- ☒ Wearing full protective clothing and self contained breathing apparatus for extended periods of time
- ☒ No work while on controlled substances
- ☐ Additional Information : _____

**EMPLOYEE'S HEALTHCARE PROVIDER TO COMPLETE:
(Opinion Based On A Reasonable Degree of Medical Probability)**

Check duties that the employee cannot perform or can only perform in a restricted capacity. Please list restriction next to the task and **indicate when it may be lifted.** (Example ☒ Sitting - No Sitting for 2 months; ☒ Lifting - 10 lbs maximum for 3 months)

- ☐ Walking _____
- ☐ Sitting _____
- ☐ Standing _____
- ☐ Bending _____
- ☐ Reaching _____
- ☐ Kneeling _____
- ☐ Crawling _____
- ☐ Hearing _____
- ☐ Seeing _____
- ☐ Talking _____
- ☐ Pushing / Pulling _____ lbs. maximum _____
- ☐ Turning neck and body _____
- ☐ Finger dexterity / Handling _____
- ☐ Lifting and carrying _____ lbs. maximum _____
- ☐ Dragging (unassisted) _____ lbs. maximum _____
- ☐ Handling and operating high pressure water hoses _____
- ☐ Climbing and standing on ladders _____
- ☐ Repetitive motion such as typing, data entry, vision to monitor _____
- ☐ Use of standard office equipment (compute, fax, copy machine) _____
- ☐ Exposure to extreme temperature and weather conditions _____
- ☐ Exposure to hazardous chemicals, toxic fumes _____
- ☐ Exposure to infectious disease, body fluids _____
- ☐ Driving light/heavy department vehicles _____
- ☐ Cognitive functions _____
- ☐ Analytical skills _____
- ☐ Wearing full protective clothing and self contained breathing apparatus for extended periods of time _____
- ☐ **Has the employee been prescribed any medication that may affect his/her ability to perform essential function of their job? If Yes—See Pg. 2**
- ☐ Additional Information : _____

HEALTHCARE PROVIDER TO COMPLETE:(choose one)

Based upon a reasonable degree of medical certainty, including your medical knowledge, experiences, and examination of the patient, please provide the following information regarding when the employee will be able to perform the duties of his / her position (with / without reasonable accommodations), without posing significant risk of harm to himself / herself or others.

1. ☐ Employee has NO restrictions

The above patient/employee has no identified limitations and/or restrictions as of the following date: ____/____/____.

2. ☐ Employee has RESTRICTIONS

The patient/employee may return to work and perform the essential functions of his/her position so long as he/she adheres to the functional limitations and restrictions identified above as of the following date: ____/____/____.

Expected duration of restrictions: _____.

☐ Reduced Schedule Required

Please identify the number of hours per day _____ and/or hours per week _____ that the patient/employee can work.

Expected duration of a reduced schedule: _____.

3. ☐ Employee CANNOT return to work

The patient/employees' functional limitations and restrictions, identified in detail above, are of such severity that he/she cannot perform activities, even at a sedentary level (e.g. hospitalization, cognitive impairment, infection, contagion), as of the following date: ____/____/____. Please provide additional documentation if this option is selected.

See Back - Must Be Completed by Healthcare Provider

Employee Name: _____

ID#: _____

The following information must be completed BEFORE the employee will be allowed to return to work

Prescribed Medications If the employee was prescribed medication(s) that may affect his or her ability to perform essential functions of their job or alter their ability to operate heavy machinery, please complete the following:

1) How does the prescribed medication limit and/or restrict the employee's ability to perform essential functions of his or her job or receive medical treatment?

2) Are there any reasonable accommodations which would allow the employee to perform the essential functions of his or her job limited and/or restricted by the medication(s)?

If the employee is a supervisor (Lieutenant, Captain, Chief) - In your professional opinion, is the employee able to:

- 1) Exercise sound judgment and rational thinking under stressful and/or dangerous circumstances? ☐ Yes ☐ No
2) Evaluate various options and alternatives and choose an appropriate and reasonable course of action? ☐ Yes ☐ No

Additional Comments:

HEALTH CARE PROVIDER INFORMATION

Provider Name (Please Print): _____

Telephone: _____ Fax: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Medical Specialty: _____

Signature of Health Care Provider: _____ Date: _____

RETURN THIS FORM TO:

Human Resources
City of Frisco
6101 Frisco Square Blvd.
Frisco, TX 75034
PHONE: (972) 292-5200
FAX: (972) 292-5229

FOR CITY OF FRISCO & FRISCO FIRE ADMINISTRATIVE USE ONLY

☐ Received COF HR (MM/DD/YY) _____ ☐ Received FD ADMIN (MM/DD/YY) _____